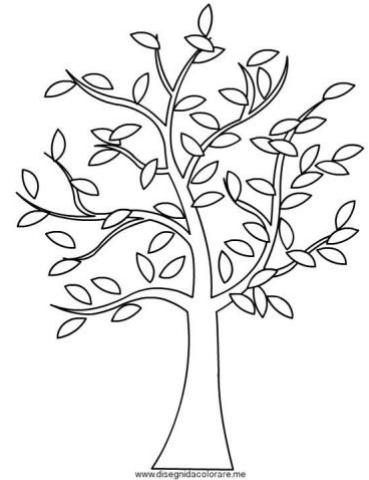




Make SENSE - (Social ENTrepreneurship for School Education)
2020-1-IT02-KA201-079793

TRAINING MODULE ON INTERPERSONAL COMPETENCES

EXERCISE



“THE TREE OF OUR THOUGHTS”

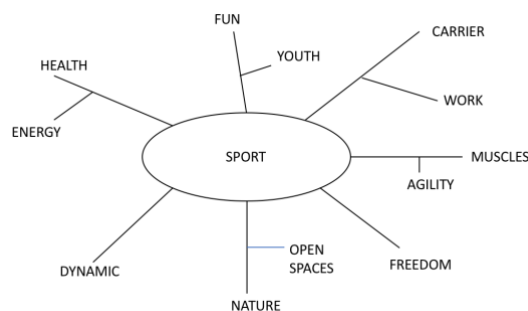
Participants, divided into groups of 3/5 people, will build “the tree of their thoughts” together, having in mind the word:

RELATION

1. Write down on a piece of paper all the words, images, concepts, thoughts and emotions that come to mind when you think of the word “RELATION”, as in the example, also referring to the themes of the training module.

It is very important that you express everything that comes into your mind immediately, without thinking too much about it.

EXAMPLE:



2. Reconsider the words you have written on the paper, think about how important they are to you and rank their importance by assigning a number to them (each item will have a different number).
3. Finally, give the words identified a sign: positive (+), negative (-) or neutral (0), depending on the emotional connotation that each word has for you in this context.
4. PLENARY: Discussion on the 3 most important word for each group.